



SHILOH

COMMUNITY DEVELOPMENT CORPORATION

November, 2013 - In This Issue:

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Veronica Taylor giving a backpack to a young girl

Veronica Taylor, a retired public school administrator, a member of the Shiloh Baptist Church in Trenton, and a volunteer NJ Orators coach was one of the many people who worked tirelessly to make sure that local children had a backpack and supplies for school. Thank you to every volunteer who contributed in making the 2013 Backpack Giveaway a success.

[For upcoming events click here.](#)

Economic, Social

Family Resource Network Creating

and Spiritual Stability for Families

The Shiloh Baptist Church, a pillar in the Trenton community, has been serving Trenton neighborhoods for 100 years. Shiloh Community Development Corporation (CDC) was established as the social service arm of the church in order to ensure that all community members have the resources they need to reach economic, social, and spiritual stability.

Several decades ago, young people growing up in Trenton City's low-income neighborhoods aspired to attend local colleges such as Rutgers University, the College of New Jersey and Princeton University. Many of the families attended the Shiloh Baptist Church, lived in public housing, and they worked together to support their children's academic and/or athletic aspirations. Today, our young people still have the same aspirations but the family composition has changed.

This issue highlights the programs and outreach events that are connecting residents to local social service agencies, giving young fathers a second chance, and empowering community residents to take control of their health, and . We thank you for reading about some

Access to Family-Centered Programs

Successful collaborations are strengthening the Trenton Historic Development Collaborative (THDC) neighborhoods and surrounding communities. The Community Resource Center (CRC) was opened in May 2013 and now serves as a conduit for referring neighbors to existing services offered by partners as well as the scene of engaging family-centered programs.



CRC hosts monthly family-centered events.

The CRC offers Family Zumba classes that are bringing families together for healthy outcome - reduced obesity and family engagement. This center also sponsors monthly family events, such as movie nights, family game night,



Zumba Fitness classes sponsored by the CRC.

and family educational events, to help families have fun in a safe environment and to foster family bonding. The Mercer Street Friends partners with the CRC to deliver the 6-week Mommy and Me program, which teaches parenting skills to pregnant mothers and parents with infants and toddlers. Families completing the program receive a Wal-Mart gift card.

If you are a family in need of support, we invite you to visit us and get information on the local agencies that can provide holistic support to your family. If you are with an organization that serves the community, we encourage you to partner with us. The CRC Advisory Committee meets monthly to plan/ announce upcoming events, and to ensure that vital programs are made available to the community. For more information, please feel free to contact Rosalind Derricotte at [609-392-0034](tel:609-392-0034) or Raphaelle Register at [609-396-6810](tel:609-396-6810). You can also visit our website at www.crc Trenton.org.

A Second Chance For a Local Father

A personal life testimonial by a Parolee Employment Placement Program (PEPP) client:

My name is Kevin Thomas (name changed for privacy), I have been a member of PEPP/A Better Way for the last 15 months. Before becoming a member, I was incarcerated at Albert C. Wagner for several years. While incarcerated, I was labeled as a gang member. This label has followed me during my incarceration up to the present, even now while on parole. As such, it has made it hard for me to obtain a decent paying job.

After joining PEPP/A Better Way, I completed the entire process that was mapped out specifically for me...I began to see my life changing for the better. Presently, I am now a full-time, cross country, truck driver. I now have a different attitude towards life and now I am able to provide for my family.

of the life changing programs that are in the City of Trenton.

- Jerome Harris, COO
Shiloh CDC

Program Highlights



FREEDOM SCHOOL

Forty-six out of fifty-three (87%) scholars maintained or improved their reading level over the 6-week Freedom School program

CAREER DEVELOPMENT CENTER

2,595 is the number of visits from January - September 2013 to the Center that prepares and places clients in gainful employment. Visit us today at 620 West State Street, Trenton, NJ!

PAROLEE EMPLOYMENT PLACEMENT PROGRAM

Placed 65% (39 people) of its clients in gainful employment. (A Better Way, and Shiloh CDC partnership)

To support, volunteer, or enroll, please contact us at [609-392-0034](tel:609-392-0034) or visit us at www.shilohcdc.org

[Make A Donation](#)

The PEPP program is a collaboration between Shiloh CDC, the NJ Department of Labor, and A Better Way.

Overpowering Chronic Disease by Healthy Living

Every year, thousands of New Jersey residents die from chronic diseases such as heart disease, asthma, cancer, diabetes, and heart disease. Health-damaging behaviors - in particular tobacco use, lack of physical activity, and poor nutritional habits - are major contributors to these diseases (source: New Jersey Department of Health webpage on chronic diseases). Fortunately, the Chronic Disease Self-management program which was founded by Stanford University is one of the few solutions that empower many New Jerseyans in taking control of their health.

Chronic Disease Self-management program or Healthy Living Support Group, program attendees learn about ways to reduce/manage pain, fatigue, and other health complications. When asked what she would say to someone suffering from a chronic disease, Celeste Jackson, a program graduate shares this:

"Don't let the disease take over. You have to be bigger than the disease. Thinking positive was a big part of the Healthy Living Support Group. Every Tuesday we complete an action plan that I share with my peers. The accountability from my peers helped me to complete my weekly tasks for I didn't want to fail my peers by not working on my plan. I also learned how to manage my life - body, mind, and soul. I literally learned the proper way to breath. The workshops empowered me to change my life."

To sign up for the free Healthy Living Support Group, contact Rayonne Grizzle at [609-392-0034](tel:609-392-0034). We thank our partners A Better Way, the Carver Center, and the Horizon Foundation for New Jersey for supporting the Healthy Living Support Group.

*Thank you to our
Partners
(partial listing)*



2013 Community Backpack Giveaway -
700 Backpacks Given to Children

Upcoming Events

Nov. 9 - THDC
Community Feeding
and Health/ACA Town
Meeting 11am - 1pm

Nov. 15 - Free Family
Zumba and Family
Movie night (40 Fowler
Street, Trenton) 6 pm

Nov. 17 - Career Center Job Fair (620 W. State St.,
Trenton)
10am - 1pm

Nov. 23 - HIV
Youth Awareness
Event

Dec. 21 - Shiloh
Baptist Church
Christmas Dinner
and Toy Giveaway



Children at Backpack
Giveaway



Career Center - Job Fair

Community Outreach

The Fed. of Colored Women's
Clubs, Inc.
Bellevue Ave. Civic Assoc
Shiloh Baptist Church
UIH Family Partners

Program Partnerships

A Better Way Children's Future Isles

Mercer Street Friends
NJ Orators
Moe Shea Corp
The College of NJ - Bonner Center
Trenton Board of Education
Trenton Historic Dev. Corp.

Funders

Educational Testing Services
NJ Dept. of Children and Families
Horizon Foundation of NJ
Pascale Sykes Foundation
Princeton Area Community
Foundation
Ross Feller Casey, LLP
Wells Fargo Regional Foundation